

# PILATES METRO

*leaner, longer, firmer, stronger*



[www.pilatesmetro.com](http://www.pilatesmetro.com)

323.906.0088

3178 Glendale Boulevard, Los Angeles, CA 90039

## ***Introductory Special!***

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3 private sessions for  
the price of \$165,  
a savings of over \$50!***

- Small group equipment classes
- Purchase classes *online*
- Build a *leaner, longer, firmer, stronger* physique

*Gift Certificates Available.*